
Post Op instructions after crown and bridge work.

1. Sensitivity, especially to cold or pressure, is common for a few days following a dental procedure. Usually the deeper the cavity, the more sensitive the tooth may be.
2. Many crowns fit below the gumline. Therefore, you may experience some discomfort for a few days due to the irritation of that area during the procedures.
3. Following the first appointment for a crown or bridge procedure, a temporary is usually placed on the tooth or teeth involved. This will protect and maintain the space while the custom restoration is made.
4. Temporary crowns are of a universal size and shade that also serve a cosmetic function for front teeth. Your final restoration will be shaped and shaded better than the temporary to match your other teeth in both color and function.
5. The use of temporary cement is for easy removal on your next appointment. If your temporary comes off between appointments, slip it back on and call us for an appointment. If you're unable to make it to the office, Fixodent (a denture adhesive) or temporary cement, may be purchased at a drugstore. Dry the tooth off as much as possible before temporary cementation.
6. If after a week or two, your teeth feel they do not touch correctly please call the office. This problem can be solved with a quick adjustment to the temporary or permanent restoration.
7. Crowns and bridges do not last forever. Like a new set of tires, they can wear and breakdown. Proper brushing and flossing is recommended to help *you* retain your final restoration. Having your teeth cleaned every six months and an exam and x-rays every year will help *us* prologue the life of your restoration.